**"BACK TO SHAPE" Week**

<table>
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<th>Date</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</table>
| 08.01.18-12.01.18 | **Soup**  
0,85 €          | **Yogurt and lemon soup with chicken Moroccan style (i/g)**     | **Vegetable broth with egg drops (a1/c/l)**                         | **Delicate herb foam soup (l/g)**                                       | **Mediterranean tomato soup with basil**                |
|               | **Main Menu Meat/Fish**                                                |                                                                       |                                                                         |                                                                         |                                                                        |
|               | **Pork fillet with caramelized chestnuts and mushrooms**  
1,10€/100g | **Chicken fillet with soy sauce (f/2)**                           | **Smoked roast pork (2/3/8) with thyme gravy (i)**                    | **Wild ragout with mushrooms  
1,15€/100g**                                | **Wild salmon in thyme and olive oil roasted with herb sauce (g/d)**  
1,15€/100g |                                                                 |
|               | **Pan-fried spelt with spinach and feta plus yoghurt (a1/g)**  
0,95€/100g | **Mushrooms omelet Asian style (g/c)**                           | **Vegan Bami-Goreng (a1/f) with soy sauce (f)**                       |                                                                         | **Chili con Quinoa**                                            
1,00€/100g |                                                                 |
|               | **Main Menu Vegetarian**                                               |                                                                       |                                                                         |                                                                         |                                                                        |
|               | **Pan-fried spelt with spinach and feta plus yoghurt (a1/g)**  
0,95€/100g | **Mushrooms omelet Asian style (g/c)**                           | **Vegan Bami-Goreng (a1/f) with soy sauce (f)**                       |                                                                         |                                                                        |
|               | **Side Dishes incl.**                                                  |                                                                       |                                                                         |                                                                         |                                                                        |
|               | **Noodles (a1/c)**  
Rice | **Basmati rice**  
French fried sweet potatoes (1) | **Mashed potatoes (g)**  
Vegetables noodles (a1/c) | **Potatoes**  
Swabian noodles (a1/c) | **Fragrant rice**  
Parsley potatoes |                                                                 |
|               | **Vegetables incl.**                                                   |                                                                       |                                                                         |                                                                         |                                                                        |
|               | **Sweet and sour onion and black salsify (l)** | **Pak Choi**                                                                       | **Pickled white cabbage** | **Winter vegetables from the oven** | **Fennel and zucchini and leek (g)** |                                                                 |
|               | **Dessert**  
1,00 €                                              | **Passion fruit pudding (g)**                                         | **Fruit salad**                                                        | **Red fruit jelly**                                                      | **Pear curd cream (g)**                                          |                                                                 |
|               | **Café Max**  
3,00 €  
(XL-Suppl. 1 €) | **Vegan sweet and sour lentils stew with coriander (l/l/1/f/3)** | **1 slice of beef liver (a1) with onion sauce (l) and mashed potatoes (g)** | **Sweet potatoes and vegetables goulash (g)** | **Cauliflower curry with roasted turkey strips (l)** | **Swabian noodle goreng (a1/c/e/f)** |                                                                 |

**Subject to alterations**  
**Prices apply to Max Planck members; external guests pay an extra charge of 20%**